



Moving

Helpful resources for a fresh start.

Moving affects every part of your life. This checklist shows you what you need to do to have a smooth transition—and how Walmart can help. Download it and keep it with you so you can check things off as you go.



Resources for a successful move

[UPDATE YOUR ADDRESS](#)

[GET HELP WITH LIFE'S CHALLENGES](#)

[USE YOUR ASSOCIATE DISCOUNTS](#)

[FIND A DOCTOR IN YOUR AREA](#)

Resources for a successful move

UPDATE YOUR ADDRESS

Make sure your benefits and payroll keep up with you by sharing your new address. You can update online, or ask your People Partner.

- For most associates, you can update your address information on the enrollment tool: One.Walmart.com/Enroll
- If your facility uses Workday, update your address through that system instead

GET HELP WITH LIFE'S CHALLENGES

Get the support, guidance, and practical tools you and your family need to deal with everyday challenges or more serious issues. Resources for Living® is available 24/7. They can help you find resources like childcare or eldercare in your new community. Plus, they have tools to help you cope with the stress of moving.

- Learn more: One.Walmart.com/RFL
- Resources for Living: [800-825-3555](tel:800-825-3555)

USE YOUR ASSOCIATE DISCOUNTS

The Associate Discount Center has great deals on local restaurants, cell phone carriers, and services near your new address. And don't forget to save with your Associate Discount Card when you're shopping for your new home.

- Learn more: One.Walmart.com/DiscountCenter
- Learn more: One.Walmart.com/DiscountCard

FIND A DOCTOR IN YOUR AREA

Wherever your move takes you, it's easy to find trusted doctors, in your network and close to home. Grand Rounds is your personal healthcare assistant, connecting you and your family to the exact care you need.

- Learn more about Grand Rounds, or for more options to find a doctor, visit: One.Walmart.com/GrandRounds
- In central Florida, Dallas/Fort Worth, Texas, and northwest Arkansas, check the [Provider Guide](#) instead

