

Military

2019 Life Event Checklist

Learn how to take a leave of absence for military duty and get support for your well-being while you serve.

Taking a military leave of absence (LOA)

Walmart supports military leave with different policies for hourly associates and salaried associates. Depending on individual circumstances, you may be eligible for pay during your military leave through a military differential.

- Learn about leave of absence: WalmartOne.com/LOA
- LOA for hourly associates
- LOA for salaried associates
- Sedgwick and Lincoln: [800-492-5678](tel:800-492-5678)
- Visit [Sedgwick](#)
- Visit [Lincoln](#)

Use Resources for Living[®]

This is your gateway to support, encouragement, guidance, financial planning, and information to help you cope with stress and life transitions. You and your family have Resources for Living[®] available during your military leave, including help finding resources in your new community if you've had to relocate.

- Learn about Resources for Living[®]: WalmartOne.com/RFL
- Resources for Living[®]: [800-825-3555](tel:800-825-3555)

Learn about your Walmart benefits

Questions about using your benefits during military leave? Give us a call and we can help.

- People Services: [800-421-1362](tel:800-421-1362)

Update your beneficiary

Use the [Beneficiary Online Tool](#) to choose who will receive your benefits.

- Set or change a beneficiary: WalmartOne.com/Beneficiary
- Set or change beneficiary(ies) on the WIRE: WIRE / Me@Walmart / My Money / Beneficiary Online

Get help with drafting your will

[Will Guidance](#) provides online tools at no cost for creating wills, estate planning, guidance and assistance on topics such as inheritance taxes, loss of income, creditors, and probate.

- Visit www.WillGuidance.com Use promo code WALMART

