How your Walmart benefits can help.

We’re proud to support our military associates. This checklist shows you what you need to do before you go on leave and where you can get help while you’re away. Download it and keep it handy so you can check things off as you go.

**Before you go**

- TALK TO YOUR MANAGER
- TAKE A MILITARY LEAVE OF ABSENCE (LOA)
- GETTING HELP DRAFTING A WILL

**While you’re away**

- GET HELP WITH LIFE’S CHALLENGES
- LEARN ABOUT YOUR WALMART BENEFITS

**When you return**

- RETURNING FROM MILITARY ASSIGNMENT OR DUTY
- UPDATING YOUR WALMART BENEFITS
Before you go

☐ TALK TO YOUR MANAGER
Once you know when you’ll be away, tell your manager. Together, you can plan for your leave, and learn about helpful resources.

☐ TAKE A MILITARY LEAVE OF ABSENCE
Depending on your circumstances, you may be eligible for pay during your military leave of absence through military differential pay. For additional information regarding Walmart’s leave of absence military policy:

• Learn more: One.Walmart.com/LOA
• To request a leave, call Sedgwick: 800-492-5678
• To manage a leave, visit: mySedgwick.com

☐ GETTING HELP DRAFTING A WILL
Will Guidance provides free online tools for wills, estate planning guidance, and help with things like inheritance taxes, loss of income, creditors, and probate. Visit WillGuidance.com and use promo code WMTWILL.

While you’re away

☐ GET HELP WITH LIFE’S CHALLENGES
Resources for Living* is there for you and your family during your military leave and can even help find resources in your new community if you need to relocate. Get the support, guidance, and practical tools you and your family need to deal with everyday challenges or more serious issues. Help is available 24/7.

• Learn more: One.Walmart.com/RFL
• Call Resources for Living: 800-825-3555

☐ LEARN ABOUT YOUR WALMART BENEFITS
When you return

RETURNING FROM MILITARY ASSIGNMENT OR DUTY

- When you return from military leave, notify your manager and Sedgwick as soon as possible of your intent to return to work, or within the appropriate return period.
- If your service was for more than 30 days, you must submit documentation establishing that your release from service was honorable or under honorable conditions and that your return to work is timely.
- If you are returning to work after recovering from an illness or injury suffered or aggravated during active duty, you must also provide a written release completed by your healthcare provider.

UPDATING YOUR WALMART BENEFITS

Questions about modifying your benefits when returning from military leave? Give People Services a call: 800-421-1362.

BENEFITS IN DETAIL

See the 2020 Associate Benefits Book for additional information about your benefits and eligibility.