



# Extended Leave

## While you're away, your benefits stay with you.

Get the support you need to sustain your well-being and your finances while you're away from work. This checklist shows you where you can find help during your extended leave. Download it and keep it with you so you can check things off as you go.



### Support during your leave

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# Support during your leave

## GET HELP WITH LIFE'S CHALLENGES

Get the support, guidance, and practical tools you and your family need to deal with everyday challenges or more serious issues while you're on leave. Resources for Living® is available 24/7.

- Learn more: [One.Walmart.com/RFL](https://One.Walmart.com/RFL)
- Resources for Living: [800-825-3555](tel:800-825-3555)

## ACCIDENT OR ILLNESS?

If you're on leave due to a covered accident or illness, you may be eligible for a benefit if you enrolled in accident or critical illness insurance. Visit [Allstate](#) or call [800-514-9525](tel:800-514-9525).

- Learn more: [One.Walmart.com/Accident](https://One.Walmart.com/Accident)
- Learn more: [One.Walmart.com/Critical](https://One.Walmart.com/Critical)

## FILE A DISABILITY CLAIM

Disability insurance can help replace your income while you're away from work.

- Visit [mySedgwick.com](https://mySedgwick.com) or call [800-492-5678](tel:800-492-5678) for help or to file a claim
- Learn more about Short-term disability: [One.Walmart.com/ShortTermDisability](https://One.Walmart.com/ShortTermDisability)
- Learn more about Long-term disability: [One.Walmart.com/LongTermDisability](https://One.Walmart.com/LongTermDisability)

## GET HELP WITH YOUR BENEFITS

Questions about using your benefits while you're away? Give People Services a call: [800-421-1362](tel:800-421-1362).

## PAYING FOR YOUR BENEFITS

Your share of the cost for your benefits is normally deducted from your pay automatically. If you're away on leave, things work a bit differently.

- If you're on an approved short-term disability claim, in most states it will be automatically deducted from your disability check or direct deposit
- If you're on hourly short-term disability in California, Hawaii, New Jersey, New York, or Rhode Island, your disability payment will not be issued through Walmart, so you'll need to pay for your benefits yourself
- If you don't have an approved short-term disability claim, you'll need to cover your benefits payments yourself

### Here's how to make payments:

- Pay online through the Payment Portal at [One.Walmart.com/Enroll](https://One.Walmart.com/Enroll)
- Pay by phone at [800-421-1362](tel:800-421-1362)
- Mail payments to:

*Walmart People Services*  
Department 3001  
P.O. Box 1039  
Lowell, AR 72745

## BENEFITS IN DETAIL

See the [2020 Associate Benefits Book](#) for additional information about your benefits and eligibility.

