



Starting School

Benefits to help you and your kids succeed.

The first day of school is a big milestone—not just for your child, but for you, too. This checklist shows you what you need to do and what resources you can use to get ready for school. Download it and keep it handy so you can check things off as you go.



Before the first day

[GET THE RIGHT SHOTS](#)

[USE YOUR ASSOCIATE DISCOUNT CARD](#)

[VISIT THE ASSOCIATE DISCOUNT CENTER](#)

[GET HELP WITH LIFE'S CHALLENGES](#)

Before the first day

GET THE RIGHT SHOTS

Make sure your child has the vaccinations they need in order to start school. No matter which plan you're enrolled in, many immunizations for children are 100% covered when you see a network doctor. You can also get vaccines in many Walmart and Sam's Club pharmacies.

- Learn all about vaccines: [cdc.gov/vaccines/schedules](https://www.cdc.gov/vaccines/schedules)
- Learn about getting your child immunized: Call your health care advisor at the number on the back of your plan ID card, or [find yours online](#)
- Find a pediatrician with Grand Rounds: [One.Walmart.com/GrandRounds](https://www.one.walmart.com/grandrounds) (In central Florida, Dallas/Fort Worth Texas, or northwest Arkansas use the [provider guide](#))

USE YOUR ASSOCIATE DISCOUNT CARD

Save on everything for the first day of school and beyond with your Associate Discount Card. Sam's Club field associates can get a free membership to Sam's Club plus a 10% discount on fresh produce. Visit [One.Walmart.com/DiscountCard](https://www.one.walmart.com/discountcard).

VISIT THE ASSOCIATE DISCOUNT CENTER

Find deals on phone plans, car rentals, hotels and resorts, and more at the Associate Discount Center: [One.Walmart.com/DiscountCenter](https://www.one.walmart.com/discountcenter).

GET HELP WITH LIFE'S CHALLENGES

Get the support, guidance, and practical tools you and your family need to deal with everyday challenges or more serious issues. Resources for Living[®] is available 24/7.

- Learn more: [One.Walmart.com/RFL](https://www.one.walmart.com/rfl)
- Resources for Living: [800-825-3555](tel:800-825-3555)

BENEFITS IN DETAIL

See the [2020 Associate Benefits Book](#) for additional information about your benefits and eligibility.

