



I hope this message finds you in good health heading into our new fiscal year.

I want to take a moment to emphasize the importance of taking care of your well-being, especially as we navigate the demands and challenges unique to each of us every day. It's why we offer the benefits we do—and it's why we're bringing this first-ever edition of the Live Better Bulletin to your mailbox, inbox, and workplace. **Inside, you'll find information about the tools and resources that you can be using right now to help you live better.**

Living better starts with taking ownership of your health and wealth. Spending even a few minutes learning about how Walmart's medical plan works, your mental health support options, convenient money management tools, along with your many other benefits and resources, can make a meaningful difference in your well-being journey.

Understanding—and maximizing—your benefits helps us help you bring your best self to work in service to our customers, members, and most importantly, at home with your loved ones. We want to make it simpler and easier for you to understand your benefits. Stay tuned to learn more about well-being at Walmart and how we're continuing to invest in you.

Thank you for all you do,

Kim Lupo
SVP, Global Total Rewards