## Own your well-being Save time and make the most of it with your Walmart benefits.



Visit **One.Walmart.com/Wellbeing** to see the support available to sharpen your life skills.



### **Get time on your side** Investing in the Walmart 401(k) Plan may help you reach your long-term goals.



Learn how at **One.Walmart.com/401k** 



# Unlock your full potential

Spend time with a mental health coach to gain life skills. All Walmart associates can access no-cost tools to live better.



Find support at **One.Walmart.com/MentalHealth** 



# Find healthcare anytime, anywhere Convenient, no-cost\* virtual care lets you

Convenient, no-cost\* virtual care lets you skip the waiting room and connect with a provider when you need to.



Find all your virtual care options at **One.Walmart.com/VirtualCare** 

\* For participants in the Premier, Contribution, Saver, and Local plans. Saver Plan participants must meet their deductible before virtual primary, urgent, and mental health care, virtual physical therapy, and at-home lab work are available at no cost to them.



#### **Take time for you** Paid time off can help you find balance. Don't miss out on the moments that help you rest, recharge, and live better.



Learn how your paid time off works at **One.Walmart.com/PTO** 

