

## **Physical Well-being** at Walmart

You have access to support for all aspects of life, and a range of ways to get and stay well. With medical coverage for in-person and virtual care for many situations, you can choose how to live better.

And, even if you do not have medical coverage, you have access to programs to help you build healthy habits and support your well-being.



Benefits key

Available on Day One as a

Walmart associate

medical plans

Part of most Walmart

Eligibility rules apply

No cost for service

Learn more about

Well-being at Walmart

Scan the code or visit

One.Walmart.com/Wellbeing

Get personalized help navigating your benefits with Help Now.

One.Walmart.com/HelpNow

## Take care of your health—no medical plan required

Get fit wherever you work, live, or travel for as little as \$5 per biweekly pay period with Fitness Pass.

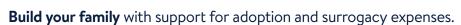


Enroll in dental and vision coverage that works for you.



Quit tobacco or vaping for good with text-based coaching and nicotine replacement therapy.









you eat better, manage stress, move more, and think positively.

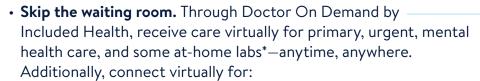




Choose medical coverage that fits your needs, and gain access to programs that support you even more:









- Gut health care
- Physical therapy\*
- Get a Personal Healthcare Assistant to help you find a doctor, facilitate a second opinion, or figure out a medical bill.



• Access to specialists at some of the best facilities through Walmart's Centers of Excellence program\* for complex health needs like cancer diagnosis and treatment review, and many surgeries. Also access fertility care and weight loss surgery, subject to deductible and coinsurance.



• Find a doctor in your network. Easily identify providers in your area. Get the right care at the right provider, so you can live better.



• Save on prescriptions through pharmacy coverage with a \$4 copay for



most generic prescriptions. • Take control of diabetes with programs that help you manage your



condition, save money on prescriptions, lose weight, and live a healthier lifestyle.



• Support for travel costs if the care you need is more than 100 miles from

## Benefits and programs described are applicable for 2025.

This communication provides information about certain Walmart benefits. Receipt of the communication does not automatically entitle you to the benefits described and these materials do not create an express or implied contract of employment or other contractual commitment. Every effort has been made to ensure the accuracy of this communication. However, if there are discrepancies between this communication and the official plan or program documents, the official plan or program document will control. For information about most health and welfare benefits, the 401(k) plan and the Associate Stock Purchase Plan, see the 2025 Associate Benefits Book, For information about other benefits, see https://one.walmart.com/content/uswire/en\_us/me.html. Walmart retains the discretion to interpret the terms of language used in any of its communications, according to the provisions contained in the plan or program documents. Walmart also reserves the right to amend or terminate any benefit plan or policy in its sole discretion at any time for any reason.