



2020 Preventive medications and your plan

Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications. These medications help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis
(a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as told by your healthcare provider can help you avoid serious illness and high healthcare costs.

In this drug list, brand-name medications are shown in UPPERCASE (for example, LANOXIN) and generic medications in lowercase (for example, digoxin).

Special coverage for preventive medications

The drugs on your plan's preventive medications list do not have a deductible. This means you'll only need to pay your copay/coinsurance, depending on your plan. It can save you money and get the medications you need to help you live a healthier life.

Please note that most medications on the formulary have a deductible, but preventive medications do not. To check the cost of any medication, see your benefit handbook or contact OptumRx at the member phone number on your ID card.

Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

Quality drives our decisions

A group of doctors and pharmacists meets often to review medications and coverage under pharmacy benefit plans. They also suggest which medications should be on your plan's preventive medications list.

A list of covered preventive medications begins on the next page. Medications are listed by therapeutic category. For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card.

2020 Preventive medication list

Expanded listing by therapeutic category

ANTIDEPRESSANTS

Citalopram
Escitalopram
Fluoxetine HCl
Fluvoxamine
Paroxetine
PEXEVA
Sertraline

ANTIPSYCHOTICS

ABILIFY MAINTENA
ABILIFY MYCITE
ADASUVE
aripiprazole
aripiprazole odt
ARISTADA
ARISTADA INITIO
CHLORPROMAZINE
clozapine
clozapine odt
CLOZARIL
compro
EQUETRO
FANAPT
FAZACLO
fluphenazine
GEODON
haloperidol
INVEGA
INVEGA SUSTENNA
INVEGA TRINZA
LATUDA
loxapine
molindone
NUPLAZID
olanzapine
olanzapine odt

olanzapine/fluoxetine
paliperidone er
perphenazine
PERSERIS
prochlorperazine
quetiapine fumarate
quetiapine fumarate er
REXULTI
RISPERDAL CONSTA
RISPERDAL M-TAB
risperidone
risperidone m-tab
risperidone odt
SAPHRIS
SYMBYAX
thioridazine
thiothixene
trifluoperazine
VERSACLOZ
VRAYLAR
ziprasidone
ZYPREXA RELPREVV
ZYPREXA ZYDIS

ASTHMA AND COPD

ACCOLATE
ADVAIR DISKUS
ADVAIR HFA
AEROSPAN
albuterol sulfate
albuterol sulfate er
ALBUTEROL SULFATE HFA
ANORO ELLIPTA
ARCAPTA NEOHALER
ARNUITY ELLIPTA
ATROVENT HFA
BREO ELLIPTA

BROVANA
budesonide
COMBIVENT RESPIMAT
cromolyn
DALIRESP
difil-g forte
DULERA
ELIXOPHYLLIN
FLOVENT DISKUS
FLOVENT HFA
FLUTICASON PROPIONATE/
SALMETEROL
INCRUSE ELLIPTA
ipratropium
ipratropium/albuterol
isoproterenol aer
levalbuterol
LONHALA MAGNAIR
metaproterenol
montelukast
PERFORMIST
PROAIR HFA
PROAIR RESPICLICK
PULMICORT
PULMICORT FLEXHALER
SEREVENT DISKUS
SPIRIVA HANDIHALER
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
STRIVERDI RESPIMAT
SYMBICORT
terbutaline
THEO-24
theochron
theophylline
theophylline cr
theophylline er
TRELEGY ELLIPTA

^{SP} Oral and self-injectable Specialty medications may have limitations based on your plan benefit.

* Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule.

TUDORZA PRESSAIR
VENTOLIN HFA
VOSPIRE ER
XOPENEX
XOPENEX CONCENTRATE
YUPELRI
zafirlukast
zileuton er
ZYFLO
ZYFLO CR

CANCER

anastrozole
AROMASIN
exemestane
FARESTON
FEMARA
letrozole
raloxifene
SOLTAMOX
tamoxifen
toremifene

CARDIOVASCULAR/ HEART DISEASE

Anti-Anginal Agents

DILATRATE SR
GONITRO
ISORDIL TITRADOSE
isosorbide dinitrate
isosorbide dinitrate er
isosorbide mononitrate
isosorbide mononitrate er
minitran
NITRO-BID
NITRO-DUR
nitroglycerin
nitroglycerin er
nitroglycerin lingual
nitroglycerin transdermal
NITROLINGUAL PUMPSPRAY
NITROMIST
nitro-time
petn

Anticoagulants

AGGRENOX
ARIXTRA ^{SP}
aspirin/dipyridamole
BEVYXXA
BRILINTA
cilostazol
clopidogrel
COUMADIN
dipyridamole
DURLAZA
EFFIENT
ELIQUIS
enoxaparin ^{SP}
fondaparinux ^{SP}
FRAGMIN ^{SP}
heparin
jantoven
LOVENOX ^{SP}
PLETAL
PRADAXA
prasugrel
SAVAYSA
warfarin
XARELTO
XARELTO STARTER PACK
YOSPRALA
ZONTIVITY

Cardiac Glycosides

digitek
digox
digoxin
LANOXIN

High Blood Pressure

ACCUPRIL
ACCURETIC
acebutolol
ACEON
ADALAT CC

afeditab cr
ALDACTAZIDE
ALDACTONE
amiloride
amiloride/hctz
amlodipine
amlodipine/benazepril
amlodipine/olmesartan
medoxomil
amlodipine/valsartan
amlodipine/valsartan/hctz
ATACAND HCT
atenolol
atenolol/chlorthalidone
AVALIDE
benazepril
benazepril /hctz
BETAPACE
BETAPACE AF
betaxolol
bisoprolol
bisoprolol/hctz
bumetanide
BUMEX
BYSTOLIC
BYVALSON
CALAN
CALAN SR
candesartan
candesartan /hctz
captopril
captopril/hctz
CARDIZEM
CARDIZEM CD
CARDURA
CAROSPIR
cartia xt
carvedilol
CATAPRES
chlorothiazide
chlorthalidone
clonidine
CLORPRES
CORGARD
CORZIDE

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DEMADEX
DEMSEER
DIBENZYLINE
diltiazem
diltiazem er
diltiazem cd
dilt-xr
DIURIL
doxazosin
DUTOPROL
DYRENIUM
EDARBI
EDARBYCLOR
EDECIN
enalapril
enalapril/hctz
EPANED
eplerenone
eprosartan
ethacrynic acid
ezide
felodipine er
FIRST - METOPROLOL
fosinopril
fosinopril /hctz
furosemide
guanfacine
hydrochlorothiazide
HEMANGEOL
hydralazine
indapamide
INSPIRA
irbesartan
irbesartan/hctz
isradipine
labetalol
lisinopril
lisinopril/hctz
LOPRESSOR
LOPRESSOR HCT
losartan potassium
losartan potassium/hctz
LOTENSIN
LOTENSIN HCT
matzim la

MAXZIDE
MAXZIDE-25
methylothiazide
methyldopa
methyldopa/hctz
metolazone
metoprolol
metoprolol er
METOPROLOL ER/HCTZ
metoprolol/hctz
MICROZIDE
MINIPRESS
minoxidil tablet
moexipril
moexipril/hctz
nadolol
nadolol/bendroflumethiazide
nicardipine
nifedipine
nifedipine er
nimodipine
nisoldipine
nisoldipine er
NYMALIZE
olmesartan
olmesartan /hctz
olmesartan/amlodipine/hctz
perindopril
phenoxybenzamine
phentolamine
pindolol
prazosin
PRESTALIA
PROCARDIA
PROCARDIA XL
propranolol
propranolol er
propranolol/hctz
QBRELIS
quinapril
quinapril/hctz
ramipril
sotalol
sotalol af
SOTYLIZE

spironolactone
spironolactone/hctz
SULAR
TARKA
taztia xt
TEKURNA
TEKURNA HCT
telmisartan
telmisartan/amlodipine
telmisartan/hctz
TENORETIC
terazosin
TIAZAC
timolol tab
torsemide
trandolapril
trandolapril/verapamil er
triamterene/hctz
TWINSTA
valsartan
valsartan/hctz
VASERETIC
VASOTEC
VECAMYL
verapamil
verapamil er
verapamil sr
VERELAN
VERELAN PM
ZESTORETIC
ZIAC

High Cholesterol

ALTOPREV
amlodipine/atorvastatin
ANTARA
atorvastatin
CADUET
cholestyramine
cholestyramine light
colesevelam
colestipol
ezetimibe
ezetimibe/simvastatin
fenofibrate

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fenofibrate micronized
 fenofibric acid
 fenofibric acid dr
 FENOGLIDE
 FIBRICOR
 FLOLIPID
 fluvastatin
 fluvastatin er
 gemfibrozil
 UXTAPID ^{SP}
 KYNAMRO ^{SP}
 LIPOFEN
 LIVALO
 LOFIBRA
 LOPID
 lovastatin
 niacin er
 niacor
 omega-3-acid ethyl esters
 PRALUENT ^{SP}
 pravastatin
 prevalite
 REPATHA ^{SP}
 REPATHA SURECLICK ^{SP}
 rosuvastatin
 simvastatin
 TRIGLIDE
 triklo
 TRILIPIX
 VASCEPA

CONTRACEPTIVES †

This section lists contraceptive categories. Please note that brands and generics are eligible.

CONTRACEPTIVE PATCH
 CONTRACEPTIVE RING
 (NUVARING)
 EMERGENCY CONTRACEPTIVES
 IMPLANT CONTRACEPTIVE
 INJECTABLE CONTRACEPTIVE
 IUDs
 ORAL CONTRACEPTIVES

DIABETES

Blood Glucose Meters

ONE TOUCH Blood Glucose
 Meters
 RELION Blood Glucose Meters

Insulin

AFREZZA
 HUMALOG
 HUMALOG JUNIOR KWIKPEN
 HUMALOG KWIKPEN
 HUMALOG MIX 50/50
 HUMALOG MIX 50/50 KWIK-
 PEN
 HUMALOG MIX 75/25
 HUMALOG MIX 75/25 KWIK-
 PEN
 HUMULIN 70/30
 HUMULIN 70/30 KWIKPEN
 HUMULIN N
 HUMULIN N KWIKPEN
 HUMULIN R
 HUMULIN R U-500
 LANTUS
 LANTUS SOLOSTAR
 NOVOLIN 70/30 RELION
 NOVOLIN N RELION
 NOVOLIN R RELION
 TOUJEO MAX SOLOSTAR
 TOUJEO SOLOSTAR

Non-insulin

acarbose
 ACTOPLUS MET
 ACTOPLUS MET XR
 ACTOS
 ADLYXIN
 AMARYL
 AVANDIA
 BYDUREON
 BYDUREON BCISE
 BYDUREON PEN
 BYETTA
 chlorpropamide

CYCLOSET
 DUETACT
 glimepiride
 GLIPIZIDE
 glipizide er
 glipizide xl
 glipizide/metformin
 GLUCOTROL
 GLUCOTROL XL
 GLUCOVANCE
 glyburide
 glyburide micronized
 glyburide/metformin
 GLYNASE
 GLYSET
 GLYXAMBI
 INVOKAMET
 INVOKAMET XR
 INVOKANA
 JANUMET
 JANUMET XR
 JANUVIA
 JARDIANCE
 JENTADUETO
 JENTADUETO XR
 metformin
 metformin er
 METFORMIN SOL
 miglitol
 nateglinide
 OZEMPIC
 pioglitazone
 pioglitazone /metformin
 pioglitazone-glimepiride
 PRANDIN
 PRECOSE
 repaglinide
 repaglinide/metformin
 RIOMET
 SOLIQUA 100/33
 STARLIX
 STEGLATRO
 SYMLINPEN 120
 SYMLINPEN 60
 SYNJARDY
 SYNJARDY XR

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TANZEUM
tolazamide
tolbutamide
TRADJENTA
TRULICITY
VICTOZA
XULTOPHY 100/3.6

ESTROGENS

ACTIVELLA
ALORA
amabelz
ANGELIQ
BIEST/PROGESTERONE
CLIMARA PRO
COMBIPATCH
covaryx
covaryx HS
DIVIGEL
DUAVEE
eemt
eemt HS
ELESTRIN
esterified estrogens/
methltestosterone
esterified estrogens/
methltestosterone ds
esterified estrogens/
methltestosterone hs
estradiol
estradiol/norethindrone acetate
ESTROGEL
estropipate
EVAMIST
FEMHRT LOW DOSE
fyavolv
jevantique lo
jinteli
lopreeza
MENEST
MENOSTAR
mimvey
mimvey lo
norethindrone acetate/ethinyl
estradiol

PREFEST
PREMARIN
PREMPHASE
PREMPRO

GASTROINTESTINAL-ULCER DRUGS[‡]

AXID
CARAFATE
cimetidine
CYTOTEC
famotidine
FIRST-LANSOPRAZOLE
FIRST-OMEPRAZOLE
lansoprazole
lansoprazole odt lansoprazole/
amoxicillin/
clarithromycin misoprostol
nizatidine
OMECLAMOX-PAK
PEPCID
PREVPAC
PRILOSEC
PYLERA
ranitidine
sucralfate
ZANTAC

HIV/AIDS

abacavir ^{SP}
abacavir / lamivudine ^{SP}
abacavir / lamivudine /
zidovudine ^{SP}
APTIVUS ^{SP}
atazanavir ^{SP}
BIKTARVY ^{SP}
CIMDUO ^{SP}
COMBIVIR ^{SP}
COMPLERA ^{SP}
CRIXIVAN ^{SP}
DELSTRIGO ^{SP}
DESCOVY ^{SP}
didanosine ^{SP}

EDURANT ^{SP}
efavirenz ^{SP}
EMTRIVA ^{SP}
EPIVIR ^{SP}
EPZICOM ^{SP}
EVOTAZ ^{SP}
fosamprenavir ^{SP}
FUZEON ^{SP}
GENVOYA ^{SP}
INTELENCE ^{SP}
INVIRASE ^{SP}
ISENTRESS ^{SP}
ISENTRESS HD ^{SP}
JULUCA ^{SP}
KALETRA ^{SP}
lamivudine ^{SP}
lamivudine / zidovudine ^{SP}
LEXIVA ^{SP}
lopinavir / ritonavir ^{SP}
nevirapine ^{SP}
nevirapine er ^{SP}
NORVIR ^{SP}
ODEFSEY ^{SP}
PIFELTRO ^{SP}
PREZCOBIX ^{SP}
PREZISTA ^{SP}
RESCRIPTOR ^{SP}
RETROVIR ^{SP}
REYATAZ ^{SP}
ritonavir ^{SP}
SELZENTRY ^{SP}
stavudine ^{SP}
STRIBILD ^{SP}
SUSTIVA ^{SP}
SYMFI ^{SP}
SYMFI LO ^{SP}
SYMTUZA ^{SP}
tenofovir ^{SP}
TIVICAY ^{SP}
TRIUMEQ ^{SP}
TRIZIVIR ^{SP}

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TROGARZO ^{SP}
TRUVADA ^{SP}
TYBOST ^{SP}
VIDEX PEDIATRIC ^{SP}
VIDEX EC ^{SP}
VIRACEPT ^{SP}
VIRAMUNE ^{SP}
VIRAMUNE XR ^{SP}
VIREAD ^{SP}
ZERIT ^{SP}
ZIAGEN ^{SP}
zidovudine ^{SP}

OSTEOPOROSIS

ACTONEL
alendronate
ATELVIA
BINOSTO
BONIVA
calcitonin-salmon
etidronate di
EVISTA
FORTEO ^{SP}
FOSAMAX
FOSAMAX + D
ibandronate
risedronate
risedronate dr

SMOKING DETERRENTS †

bupropion
NICODERM CQ
NICORETTE
nicotine gum / lozenge / patch
NICOTROL INH / NS
ZYBAN

TRANSPLANT †

ASTAGRAF XL ^{SP}
AZASAN
azathioprine
CELLCEPT ^{SP}
cyclosporine ^{SP}
cyclosporine modified ^{SP}
ENVARUSUS XR ^{SP}
gengraf ^{SP}
IMURAN
mycophenolate ^{SP}
mycophenolic DR ^{SP}
MYFORTIC ^{SP}
NEORAL ^{SP}
PROGRAF ^{SP}
RAPAMUNE ^{SP}
SANDIMMUNE ^{SP}
sirolimus ^{SP}
tacrolimus cap ^{SP}
ZORTRESS ^{SP}

VITAMINS & ELECTROLYTES †

Pediatric vitamins with fluoride

(for example; POLY-VI-FLOR,
tri-vit / fl)
generic products
BRAND NAME PRODUCTS

Prenatal multivitamins with iron and folic acid

(for example; OB COMPLETE,
prenatabs RX)
generic products
BRAND NAME PRODUCTS

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This list is should be used as a reference and may not include all medications.
Brand or generic availability may not be current because of market changes.
Using generics may be required based on your plan benefit.



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Preventive Select