# **Aetna Life Insurance Company**

### **Extraterritorial booklet-certificate amendment**

Policyholder: Walmart

**Group policy number**: GP-0895530 **Group control number**: CN-0486824

Amendment effective date: January 1, 2024

This amendment is part of your booklet-certificate. It is effective on the date shown above and it replaces any other medical extraterritorial booklet-certificate amendment you may have received before.

**Important note**: The following apply only if you live in Maryland. The benefits below will apply instead of those in your booklet-certificate.

### **Habilitation therapy services**

Habilitation therapy services are services and devices, including occupational therapy, physical therapy and speech therapy, that help you keep, learn or improve skills and functioning for daily living (e.g. therapy for a child who isn't walking or talking at the expected age). You are covered up to at least age 20. The services must follow a specific treatment plan, ordered by your **physician**. The services must be performed by a:

- Licensed or certified physical, occupational or speech therapist
- Hospital, skilled nursing facility or hospice facility
- Home health care agency
- Physician

#### Outpatient physical, occupational, and speech therapy

#### Covered services include:

- Physical therapy
- Occupational therapy
- Speech therapy (speech function is the ability to express thoughts, speak words and form sentences)

#### The following are not covered services:

- Services provided in a training setting or to teach sign language
- Vocational rehabilitation or employment counseling

### **Applied behavior analysis**

**Covered services** include certain early intensive behavioral interventions such as applied behavior analysis. Applied behavior analysis is an educational service that is the process of applying interventions that:

- Systematically change behavior
- Are responsible for observable improvements in behavior

## **Autism spectrum disorder**

Autism spectrum disorder is defined in the most recent edition of the International Classification of Diseases, Tenth Edition (ICD-10).

**Covered services** include services and supplies provided for:

- The diagnosis and treatment of autism spectrum disorder
- Physical, occupational, and speech therapy associated with the diagnosis of autism spectrum disorder

This amendment makes no other changes to the group policy, booklet-certificate or schedule of benefits.

Bri A. Zeme

Brian A. Kane President **Aetna Life Insurance Company** (A Stock Company)

Amendment: Maryland Medical ET Issue Date: November 27, 2023