

CARE NAVIGATOR TEAM

Meet Lyra's Care Navigator Team

Lyra's Care Navigator Team is available 24/7 to support you with personalized care navigation.



Talk with a Care Navigator

Get 24/7 support for all of your questions about care with Lyra. Connect with a Care Navigator via phone, email, or live chat. Or, schedule a call at a time that works best for you.



Find a provider

Lyra's Care Navigator Team can help you find a provider with a specific specialization or background who matches your needs and care preferences.



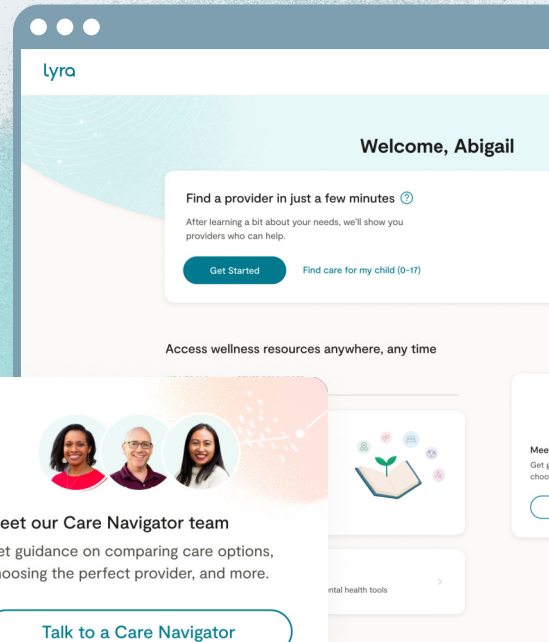
Access higher levels of care

Lyra clinicians can help you find, evaluate, and access higher levels of care such as intensive outpatient programs or rehabilitation facilities.



Get immediate support

Lyra provides immediate support and safety planning for members experiencing self-harm or suicidal thoughts.



Contact us day or night at care@lyrahealth.com
walmart.lyrahealth.com | 1-800-825-3555 | Live chat