# Full-time hourly associate guide to taking a medical leave of absence

A quick reference tool to help you with the LOA process

## Requesting Leave

1. **Contact Sedgwick**
   - Request a leave online at [mySedgwick.com](http://mySedgwick.com) or by phone.
   - Information you will need:
     - Walmart Identification Number (WIN)
     - Two-week work schedule
     - Last day worked
     - Estimated return to work date
     - Health care provider’s address, phone and fax number

2. **Review initial packet**
   - You will receive an initial packet by mail or email.
   - Review all the documents and information within the packet.
   - **Note:** If your leave is denied, please contact your manager immediately to discuss options.

3. **Complete release of information**
   - Complete and return the release of information to Sedgwick by:
     - Fax: 859-264-4372
     - Email: WalmartForms@Sedgwicksir.com
     - Upload to mySedgwick

4. **Complete medical certification**
   - Take the medical certification forms to your health care provider to complete, or ask Sedgwick to send the forms for you. If Sedgwick sends them, contact your health care provider to confirm that they’ve received, completed, and returned them by the due date shown.

5. **Return documents**
   - All documents must be completed and returned no later than the medical due date, which is 20 days after the packet was sent by Sedgwick. If additional time is needed to submit medical certification, contact Sedgwick prior to the medical certification due date. You can fax to 859-264-4372, email to WalmartForms@Sedgwicksir.com, or upload to mySedgwick.
   - It’s important to return this information promptly! Missing or delayed forms are the most common cause of denied leaves.

## During Leave

**Track your leave with mySedgwick, including your:**
- Claim status (pending/approved/denied)
- Remaining balance for job protected leave
- Missed days report
- Return to work report

**Get paid and keep your benefits while on leave**
- You can use PTO to get paid during the seven-calendar-day waiting period. After the waiting period, here’s what to expect:
  - You will receive 50% or 60% of your average weekly wage depending on if you elected the Enhanced STD for up to 25 weeks following the seven-calendar-day waiting period.
  - Both taxes and your medical benefit premiums will be deducted from your short-term disability payments.

**Confirm return date**
- We’re glad you’re coming back to work. Notify your manager before you plan to return. Sedgwick will contact you to confirm your return-to-work date prior to the end of your leave. Using the Interactive Voice Response (IVR) is the fastest way to report your return to work. This helps us make sure your pay will be processed accurately, and ensures that you will have access to the systems needed for your job.

## Returning From Leave

1. **Complete return to work certification**
   - At least three days prior to your return, fax or email the return-to-work certification form to Sedgwick. Also, on your first day back to work, provide the completed return-to-work certification to your facility.

2. **Do you have restrictions?**
   - Work with Sedgwick and the Accommodations Service Center at 855-489-1600 to make necessary arrangements if you are returning to work with restrictions and need special accommodations. Your People Partner can be a great resource for you in these situations, too.

### Where do you work?

If you work in CA, HI, NJ, NY, RI, or WA, see back page for special information.
Absences due to your own health condition
Walmart offers company-provided basic short-term disability coverage to all full-time hourly associates after one year of service, except for associates who work in certain states where coverage is provided through state plans. If you are applying for a leave due to your own serious health condition and are eligible for Walmart short-term disability coverage, Sedgwick will advise you of benefits that may be available to you under short-term disability coverage.

CA, HI, NJ, NY, RI, or WA associates
If you work in HI, NJ, or NY and you’re requesting a leave for your own health condition, Sedgwick will collect your leave information and provide it to Lincoln Financial, which manages disability benefits for these states.
If you work in CA, RI, or WA and you’re requesting leave for your own health condition, Sedgwick will give you the contact information you’ll need to file for state disability benefits directly with your state.

Note: For more information on how WA state mandated benefits coordinate with Walmart benefits, see “getting paid.”

Absences due to intermittent leave
1. Report intermittent absence online through mySedgwick or call Sedgwick’s toll-free number.
2. Prior to the beginning of your shift, report each intermittent absence and all scheduled time missed to Sedgwick.

Absences not reported to Sedgwick within two calendar days of the date of absence will not be approved and may result in disciplinary action.

Leave extensions
1. Sedgwick will reach out to you seven days prior to your anticipated return-to-work date to confirm you are returning as planned.
2. If you need to extend your leave of absence, notify Sedgwick before the end of your current leave to request an extension.
3. Provide additional documentation, as requested, within 20 days. Failure to do so may result in delay or denial of your leave or leave extension.

For more information
Refer to the Leave of Absence Toolkit for detailed instructions and information about the LOA process.

Field Logistic and Home Office Associates: You must call your manager for each absence while your leave request is pending.