



Ask the experts.

If you have questions about ...	Website	Phone
Benefits, medical claims, or care management (except for Hawaii locations and the eComm PPO)	One.Walmart.com/Medical	Aetna health care advisor: 855-548-2387 BlueAdvantage Administrators of Arkansas health care advisor: 866-823-3790 UnitedHealthcare health care advisor: 888-285-9255 HealthSCOPE Benefits health care advisor: 800-804-1272 Areas with Personal Online Doctor in 2020 (CO, MN and WI) HealthSCOPE Benefits health care advisor: 877-385-8786 Areas with Personal Online Doctor expansion in 2021 (CO,MN) Aetna health care advisor: 833-554-1544
Hawaii benefits, medical claims, or care management	One.Walmart.com/Medical HMSA.com KaiserPermanente.org	HMSA: 808-948-6111 Kaiser (Oahu): 808-432-5955 Kaiser (all neighbor islands): 800-966-5955
eComm PPO	One.Walmart.com/Medical (most associates) One.Walmart.com/eCommToolkit (associates using Workday)	Aetna health care advisor: 855-548-2387
Finding a doctor in most areas: Grand Rounds	Register at: Go.GrandRounds.com/Walmart Download the app at App Store or Google Play Learn about Personal Healthcare Assistant (NC, SC only): Go.GrandRounds.com/Walmart	Grand Rounds: 800-941-1384 Personal Healthcare Assistant (NC, SC only): 855-377-2200
Finding a doctor: central Florida, Dallas/Fort Worth, and northwest Arkansas (except for the Mercy Arkansas Local Plan)	One.Walmart.com/ProviderGuide	BlueAdvantage Administrators of Arkansas: 866-823-3790
Finding a doctor: eComm PPO	www.aetna.com	Aetna: 855-548-2387

If you have questions about ...	Website	Phone
Doctor On Demand	One.Walmart.com/DOD	Doctor On Demand: 800-997-6196
Virtual doctor visits: eComm PPO	One.Walmart.com/eCommPPO Teladoc.com/Aetna	Teladoc: 800-835-2362
Pharmacy benefits	One.Walmart.com/Prescriptions	OptumRx: 844-705-7493
Health Savings Account (HSA)—Saver Plan	One.Walmart.com/Saver Learn.HealthEquity.com/walmart/hsa	HealthEquity: 866-296-2860
Vision plan	One.Walmart.com/Vision *	VSP: 866-240-8390
Dental plan	One.Walmart.com/Dental *	Delta Dental: 800-462-5410
Short-term disability insurance	One.Walmart.com/ShortTermDisability * (CA, DC, HI, MA, NJ, NY, RI, WA; refer to state guide)	Sedgwick/Lincoln: 800-492-5678
Long-term disability insurance	One.Walmart.com/LongTermDisability *	Lincoln: 800-492-5678
Accident and Critical illness insurance	One.Walmart.com/Accident * One.Walmart.com/Critical *	Allstate Benefits: 800-514-9525
Life, accidental death and dismemberment (AD&D), and business travel accident insurance	One.Walmart.com/Life * One.Walmart.com/ADD *	Prudential: 877-740-2116
Resources for Living	One.Walmart.com/RFL	800-825-3555 , available 24/7
Even	One.Walmart.com/Even	People Services: 800-421-1362 , available 24/7
Quit Tobacco	One.Walmart.com/QuitTobacco	Kick Buts: 855-955-1905 QuitNet: 866-577-7169
Centers of Excellence	One.Walmart.com/COE	People Services: 800-421-1362 or your health care advisor (see above)
Walmart 401(k) plan	One.Walmart.com/401k Benefits.ml.com	Bank of America Merrill Lynch: 888-968-4015
Associate Stock Purchase Plan	One.Walmart.com/ASPP ComputerShare.com/Walmart	ComputerShare: 800-438-6278
PTO and other benefits-related information	One.Walmart.com/Benefits One.Walmart.com/PTO	People Services: 800-421-1362
Dependent eligibility	One.Walmart.com/FamilyCheck	People Services: 800-421-1362

*Associates who enroll through Workday, go to: One.Walmart.com/eCommToolkit

