



# Are you ready for Annual Enrollment?

Here's a helpful checklist of things you can do before Annual Enrollment starts on **Oct. 14**.

- Think about your needs.** Annual Enrollment is usually the only time each year that you can change your coverage choices for most of your benefits.
  
- Consider who you might want to cover.** If you're adding a dependent, you'll need to have their name, date of birth, relationship to you, and Social Security number.
  
- Update your beneficiaries and their contact info** for your various benefits plans, such as life insurance and 401(k). You can do this anytime, and Annual Enrollment makes it convenient.
  
- Sign up for paperless communications** to receive benefits materials electronically and reminders via text. Enroll at [One.Walmart.com/Paperless](https://One.Walmart.com/Paperless).